

BEEF BARLEY SOUP

1/2 # beef, cubed (sirloin or London broil)

3/4 cup barley (soaked overnight)

1 1/2 large onions, chopped

1/2 cup butter

2 carrots, diced

1/4 turnip, diced

1 leek, chopped

1/2 cup celery, chopped

2/3 cup sliced mushrooms

8 cups beef stock

Salt and pepper to taste

Brown beef cubes in 1/2 teaspoon of oil

Saute vegetables in butter. (mushrooms separately)

Combine all ingredients and simmer 2-3 hours.

Garnish with dollop of sour cream.